

THOMAS ALLEN & SON  
Fall 2017 HOTLIST – ADULT TITLES  
Kathy Elliot -- [Kathy.elliott@t-allen.com](mailto:Kathy.elliott@t-allen.com)

## NONFICTION

### COOKING

**🇨🇦 How to Instant Pot – Daniel Shumski – Workman Publishing – ISBN 9781523502066 – Paperback – \$24.95 – 256 pages – 8.5 x 8 – print run 50,000 – Nonfiction/Cooking – October**  
Invented by 7 people in Ottawa, the Instant Pot became the most-wished-for appliance in 2016 and since then, legions of home cooks are falling in love with this multipurpose pressure cooker, which does the work of a slow cooker, pressure cooker, rice cooker, yogurt maker, sauce pan, steamer, and chafing dish all in one. Amazon has sold 215,000 of this appliance since July 2016. This collection of 100 easy, creative, boundary-pushing recipes makes ultimate use of this amazing and increasingly popular contraption.

**Sheet Pan Suppers Meatless – Raquel Pelzel – Workman Publishing – ISBN 9780761189930 – Paperback – \$25.95 – 264 pages – 9 x 7 – print run 50,000 – Nonfiction/Cooking – October**  
Sheet Pan Suppers is back! This time, with 100 vegetarian recipes for satisfying, sumptuous full meals— all made on a sheet pan, and all meat-free. It's the one-pot meal reinvented with a healthy twist, and what is sure to become every busy cook's new favorite way of getting dinner on the table. These recipes answer the needs of vegetarians, flexitarians, and the many new Meatless Monday adherents who are looking for inventive and delicious ways to eat their vegetables.

**David Tanis Market Cooking – David Tanis – Artisan – ISBN 9781579656287 – Hardcover – \$58 – 480 pages – 9.87 x 7.5 – print run 30000 – Nonfiction/Cooking – October**  
This is David Tanis' biggest and most ambitious book yet- a true teaching book, organized by ingredient. It contains 200 recipes, and variations, and text that illustrates ways to improvise on basic themes. Tanis teaches how to select the best ingredient, understand it, and prepare it in ways that bring out the best flavour. Step by step photos are designed to teach and inspire. He continues to write the weekly "City Kitchen" column in the *New York Times* and is a regular contributor to *Bon Appetit* and *Cooking Light* magazines.

### OTHER

**Beautiful Bodies: A Memoir – Kimberly Rae Miller – Amazon Publishing – ISBN 9781503935174 – Hardcover - \$35.95 – 320 pages – 5.5 x 8.2 – print run 20,000 – Nonfiction/Memoir – July**  
From the bestselling and beloved author of *Coming Clean*, this is a brave and witty examination of how and why we try to control our bodies with food. Kimberly has been struggling with body issues since she was four years old and Sesame Street inspired her to go on her first diet. She had a brief stint as a diet-pill model, then became a health and fitness writer, and editor working on celebrity biographies- sugarcoating their trials as they tried to stay thin. In this new book she blends memoir and social history as she sets out to find the objective definition of a seemingly unattainable ideal of the perfect body. It's perfect for fans of *It Was Me All Along*.

**What to Expect Before You're Expecting – Heidi Murkoff – Workman Publishing – ISBN 9781523501502 – Paperback – \$22.95 – 288 pages – 9 x 6 – print run 50,000 – Nonfiction/Health – October**

A cover-to-cover revision of the bestselling pre-pregnancy book (284,000 copies in print), with updated information about genetic screening, ovulation tracking, fertility treatments--from surrogacy to artificial insemination--and risks like Zika. This book is for people trying to conceive (or thinking about trying) and it gives you the best, up-to-the-minute advice and information. It also includes special notes and information for dads-to-be.

**Quackery – Lydia Kang – Workman Publishing – ISBN 9780761189817 – Hardcover – \$34.95 – 352 pages – 8 x 6 – print run 50,000 – Nonfiction/Medical – October**

Journey back to a time when doctors tried to jolt your paralyzed muscles awake with a strychnine-laced enema. When a physician wrote you a prescription for the mercury-based “Thunderclapper” pill to relieve your constipation. When surgeons promised to improve your virility with goat-testicle implants. A tour of medicine’s most outlandish misfires, Quackery dives into 67 “treatments,” exploring their various uses and why they thankfully fell out of favour—some more recently than you might think. This quirky history book is for fans of Mary Roach or Amy Stewart, or for fans of Ripley’s Believe it or Not.

**What Unites Us – Dan Rather - Algonquin Books – ISBN 9781616207823 – Hardcover – \$29.95 – 176 pages – 7 x 5 – print run 150,000 – Nonfiction/Politics – November**

In a collection of wholly original essays, the venerated television journalist celebrates the shared values and illustrates what patriotism looks like. Writing about the institutions, such as public libraries, public schools, and national parks; values such as the struggle for civil rights; and the drive toward science and innovation, Rather will bring to bear his decades of experience on the frontlines of the world’s biggest stories, and offer readers a way forward. Although he is writing from an American perspective, the book is a must-read for everyone who is engaged in the urgent multi-national conversation. This time of anxiety and division south of the border is clearly felt and experienced in Canada, and this book is for those looking for wisdom and guidance.

**Seduced by Mrs. Robinson – Beverly Gray – Algonquin Books – ISBN 9781616206161 – Hardback – \$35.95 – 224 pages – 8.25 x 5.5 – print run 15000 – Nonfiction/Film – November**

Published to coincide with the 50th anniversary of the landmark film that turned Hollywood and American culture on their heads, the inside story of how *The Graduate* came to be, how it worked its magic, and how it continues to influence us today. It’s a smart close reading of the film itself and vivid, never-before-revealed details from behind the scenes of the production-including all the drama, details and decision making. It’s for film buffs and pop culture junkies.

**The Kinfolk Entrepreneur – Nathan Williams – Artisan – ISBN 9781579657581 – Hardcover – \$50 – 368 pages – 11 x 8 – print run 50,000 – Nonfiction/Business – October**

Nathan Williams introduces readers to 40 creative business owners around the globe, offering an inspiring, in-depth look behind the scenes of their lives and their companies. Pairing insightful interviews with striking images of these men and women and their workspaces, the book profiles both budding and experienced entrepreneurs across a broad range of industries (from fashion designers to hoteliers) in cities across the globe. For fans of *In the Company of Woman* (9781579655976 published Fall 2016)

**Remodelista: The Art of Order – Julie Carlson – Artisan – ISBN 9781579656935 – Hardcover – \$37.95 – 256 pages – 9.25 x 6.5 – print run 30,000 – Nonfiction/Home – November**

Buy fewer (and better) things. Store like with like. Get rid of the plastic. Display don't stash your belongings. Let go of your inner perfectionist and remember that rooms are for living. Whether you're a minimalist or someone who takes pleasure in her collections, we all yearn for an unencumbered life in a home that makes us happy. This compact tome shows us how, with more than 100 simple and stylish tips, each clearly presented and accompanied by full-color photographs that are sure to inspire. Create spaces that are uncluttered and stylish, and purposeful and personal.

**The World of Laura Ingalls Wilder – Marta McDowell – Timber Press – ISBN 9781604697278 – Hardcover – \$39.95 – 390 pages – 9 x 7 – print run 25,000 – Nonfiction/Biography – September**

This is a lushly illustrated examination of Wilder's relationship to the pioneer landscape. Her beloved Little House series tells a classic coming-of-age story based on Wilder's own family life and is a reflection of the pioneer spirit of the time. They are also deeply rooted in the natural world. The plants, animals, and landscapes are so integral to the stories, they are practically their own characters. Marta McDowell, explores Wilder's deep relationship to the landscape. Both Garth Williams and Helen Sewell illustrations are included in the book.

**The Living Forest – Robert Llewellyn – Timber Press – ISBN 9781604697124 – Hardcover – \$60 – 248 pages – 11 x 11 – print run 15,000 – Nonfiction/Photography – October**

A spectacular journey deep into the heart of the forest; From the leaves and branches of the canopy to the roots and soil of the understory, the forest is a complex, interconnected ecosystem filled with plants, birds, mammals, insects, and fungi. Some of it is easily discovered, but many parts remain difficult or impossible for the human eye to see –until now. This offers a striking combination of fine-art photography and lyrical essays that reveal the mystery and beauty of the forest.

**A Brief History of Everyone Who Ever Lived – Adam Rutherford – The Experiment – ISBN 9781615194049 – Hardcover – \$38.95 – 352 pages – 9 x 6 – print run 15,000 – Nonfiction/Science – September**

As acclaimed science writer Adam Rutherford shows, before genomics, we never really knew much about ourselves at all. And so he rewrites all of human history on topics as wide-ranging as Neanderthals and murder, redheads and race, dead kings and plague, evolution and epigenetics using genetics to shatter deeply held beliefs about our heritage, and to replace them with new answers to some of the biggest questions of all: Who we are, and how we came to be. Like bestsellers *The Gene* and *Sapiens*, this is a groundbreaking narrative about our identity—a retelling of human history through genetics. It includes a great foreword by Siddhartha Mukherjee.

**The Longevity Code – Kris Verburgh – The Experiment – ISBN 9781615194131 – Hardcover – \$38.95 – 320 pages – 9 x 6 – print run 15,000 – Nonfiction/Health – December**

In the vein of science writer Gary Taubes' bestselling books, this is a fascinating, often myth-busting assessment of why and how we age- with 4 crucial lifestyle realms we can control to extend our life span. This is for everyone (especially those in the latter half of their lives) who wants to live a longer, healthier life. It's for readers of *How Not to Die*, and those looking for the fullest understanding of the complex science of aging. This title has already been published in Europe and was a bestseller.

**Periods Gone Public – Jennifer Weiss-Wolf – Arcade Publishing – ISBN 9781628727975 – Hardcover – \$38.99 – 304 pages – 8.25 x 5.5 – Print run 30,000 – Nonfiction/Social Science – October**

The first book to explore menstruation in the current cultural and political landscape and to investigate the new wave of period activism taking the world by storm. After centuries of being shrouded in taboo and superstition, periods have gone mainstream. Seemingly overnight, a new, high-profile movement has emerged - one dedicated to bold activism, creative product innovation, and smart policy advocacy to address the centrality of menstruation in relation to core issues of gender equality and equity. The author spearheaded the first U.S. "no Tax on Tampons" petition. Her work has appeared in the *New York Times*, *TIME*, *Cosmopolitan* and *Ms. Magazine*. The book features a quote by Gloria Steinem.

**Absolute Madness – Catherine Pelonero – Skyhorse Publishing – ISBN 9781510719835 – Hardcover – \$38.99 – 272 pages – 9 x 6 – Print run 20,000 – Nonfiction/True Crime – November**

*Absolute Madness* tells the disturbing true story of Joseph Christopher, a white serial killer who targeted black males and struck fear into the residents of Buffalo and New York City in the 1980s. Dubbed both the .22-Caliber Killer and the Midtown Slasher, Christopher allegedly claimed eighteen victims during a savage four-month spree across the state. Both a wrenching true crime story and an incisive portrait of dangerously discordant race relations in America, the book also chronicles a lonely, vulnerable man's tragic descent into madness and the failure of the American mental health system that refused his pleas for help. The author's previous book, *Kitty Genovese*, was a *New York Times* Bestseller.

**Before I Had the Words – Skylar Kergil – Skyhorse Publishing – ISBN 9781510723061 – Hardcover – \$35.99 – 224 pages – 9 x 6 – Print run 15,000 – Nonfiction/Social Science – September**

At the beginning of his physical transition from female to male, then-seventeen-year-old Skylar Kergil posted his first video on YouTube. In the months and years that followed, he recorded weekly update videos about the physical and emotional changes he experienced. Skylar's openness and positivity attracted thousands of viewers, who followed along as his voice deepened and his body changed shape. Through surgeries and recovery, highs and lows, from high school to college to the real world, Skylar welcomed others on his journey. *Before I Had the Words* is the story of what came before the videos and what happened behind the scenes. This revealing autobiography is great addition to LGBT literature.

**Slobberknocker – Paul O'Brien – Sports Publishing – ISBN 9781683581130 – Hardcover – \$38.99 – 272 pages – 9 x 6 – Print run 20,000 – Nonfiction/Sports – October**

There are few people who have been in the wrestling business longer than Jim Ross. And those who have made it as long as he has (half a century to be exact) probably made enemies or burned bridges.. *Slobberknocker* is the story of how an Oklahoman farm kid, with a vivid imagination and seemingly unattainable dreams, became “The Voice of Wrestling” to record TV audiences and millions of fans around the world. He was inducted into the WWE, NWS and National Wrestling Hall of Fame and is a New York Times bestselling author. He has 1.5 million Twitter followers. But this isn't just a wrestling story. It's a story about overcoming adversity and achieving your dreams. Vince McMahon is going to write the foreword for this book.

**South of Forgiveness – Elva Thordis – Skyhorse Publishing – ISBN 9781510730014 – Hardcover – \$38.99 – 320 pages – 9 x 6 – Print run 50,000 – Nonfiction/True Crime – May**

An unprecedented collaboration between a woman and the man who raped her when she was sixteen. *South of Forgiveness* tells the story from their respective perspectives of Thordis and Tom's meeting to discuss this dark event. It's a personal, accessible and compelling look at gender violence, rape culture, personal responsibility and the effect that patriarchal cultures have on both men women. Thoris Elva and Tom Stranger's TED talk about their story has been viewed over a million times and resulted in coverage from *Cosmopolitan* magazine and interest from *The Washington Post*, *Yahoo News*, *CBS This Morning with Charlie Rose*, and more. This book is unique in that it humanizes both sides of a terrible act. For such dark subject matter, the book is uplifting (even funny) and presents the argument that no one is beyond forgiveness.

**🇨🇦 Mad City: the True Story of the Campus Murders that America Forgot - Michael Arntfield – Amazon Publishing – ISBN 9781503942653 – Hardcover - \$35.99 – 368 pages – 6 x 9 – Nonfiction/True Crime - October**

A chilling, unflinching exploration of American crimes of the 20<sup>th</sup> century and how one serial killer managed to slip through the cracks-until now. In 1967 Christine Rothschild is murdered and her friend Linda spends the next 40 years trying to find her killer. The author is a veteran police officer from London, Ontario. He is also a professor and television host. He teaches criminology at the University of Western Ontario. He is the lead investigator on the true-crime series *To Catch a Killer*, on the Oprah Winfrey Network in Canada.

## **FICTION**

**Shadow of the Lions – Christopher Swann – Algonquin Books – ISBN 9781616205003 – Hardcover– \$39.95 – 368 pages – 9 x 6 – print run 20,000 – Fiction/Literary – August**

It has been almost ten years since Matthias graduated from the elite Blackburne School, where his roommate, Fritz, vanished just after an argument over Matthias's breaking of the school's honor code, and Matthias has long been haunted by idea that his betrayal led to his friend's disappearance. Years later, Matthias is stuck, a failure as a writer, a boyfriend, a person. When he is offered the opportunity to return to Blackburne as an English teacher, he sees it as a chance to put his life back together. But once on campus, Matthias gets swiftly drawn into the past, and is driven to find out what happened to Fritz. The novel explores themes of friendship and betrayal, love and loss, privilege and outsider status, and the volatility of youth. It's a literary thriller, but also a moving coming-of-age story. Stories set in boarding schools have always been popular.

**Savage Country – Robert Olmstead – Algonquin Books – ISBN 9781616204129 – Hardcover – \$39.95 – 304 pages – 8.25 x 5.5 – print run 20,000 – Fiction/Historical – September**

In September 1873, Elizabeth Coughlin, a widow bankrupted by her husband's folly and death, embarks on a buffalo hunt with her estranged and mysterious brother-in-law Michael. With no money, no family, no job or security, she hopes to salvage something of her former life and the lives of the hired men and women who depend on her. The buffalo hunt that her husband had planned, she now realizes, was his last hope for saving the land. Elizabeth and Michael plunge south across the aptly named Deadline demarcating Indian Territory from their home state of Kansas. Nothing could have prepared them for the dangers. This book is for fans of Cormac McCarthy, Phillip Meyer and Michael Punke.

**A Dog for Christmas – Linda Byler – Good Books – ISBN 9781680993332 – Hardcover – \$22.99 – 192 pages – 7.5 x 5.5 – Print run 20,000 – Fiction/Religion – October**

One Christmas morning, while young Amish twins Henry and Harvey are sledding, they find a big black dog wandering in a field. They adopt the Newfoundland and name him Lucky, and he soon becomes their best friend and playmate. When tragedy strikes and Harvey drowns in a spring creek, Henry's only source of comfort is his furry companion. To make matters worse, the Depression is especially hard on Henry's parents who have more children than they can care for. He is sent to live with another family, where he becomes enchanted with a girl named Katie. Eventually, Lucky passes away, leaving a hole in Henry's heart, and he wonders if he will ever find another friend as faithful and loving. But no holiday story is complete without a miracle...

**The Disappearance of Adèle Bedeau – Graeme Burnet – Arcade Publishing – ISBN 9781510723092 – Hardcover – \$38.99 – 256 pages – 8.25 x 5.5 – Print run 60,000 – Fiction/Thriller – October**

Manfred Baumann is a loner. Socially awkward and perpetually ill at ease, he spends his evenings quietly drinking and surreptitiously observing Adèle Bedeau, the sullen but alluring waitress at a drab bistro in the unremarkable small French town of Saint-Louis. One day, she simply vanishes into thin air and Georges Gorski, a detective haunted by his failure to solve one of his first murder cases, is called in to investigate the girl's disappearance. He sets his sights on Manfred. As Manfred cowers beneath Gorski's watchful eye, the murderous secrets of his past begin to catch up with him and his carefully crafted veneer of normalcy falters. This is the first novel by MAN Booker Prize shortlisted author of *His Bloody Project*.

**Wonders Will Never Cease – Robert Irwin – Arcade Publishing – ISBN 9781628728637 – Hardback – \$39.99 – 392 pages – 9 x 6 – Print run 30,000 – Fiction/General – November**

For readers of George R.R. Martin, Philippa Gregory, and T.H. White, this is an epic novel laced with fantasy based on the original Game of Thrones- the battle to control the crown in the bloody, fratricidal War of the Roses. Beginning with the Palm Sunday battle of Towton, the bloodiest ever fought on English soil, *Wonders Will Never Cease* relates the fabulous adventures of one man and his noble family amid the chaos and political intrigue that beset England during the War of the Roses, when two great houses battled for control of the throne. This title has already been published in the UK to rave reviews and it now includes a 'blurb' by Neil Gaiman. It's an exhilarating, magical blend of history and fantasy.

**Ironfoot – Dave Duncan – Night Shade Books – ISBN 9781597809306 – Hardback – \$38.99 – 352 pages – 8.25 x 5.5 – Print run 20,000 – Fiction/Fantasy – October**

Medieval magic, murder, and mayhem! It is 1164, and for a hundred years England has been ruled by the Normans. A young Saxon boy named Durwin, crippled by a childhood accident, caught the eye of a Norman sage teaching at a rural school of magic. Realizing that the boy had promise, Durwin was made stable boy, and eventually allowed to attend classes. Now twenty, Durwin is proficient enough that he is assigned to teach, but the other sages refuse to promote him and he is hassled by the Norman juniors for his disability. But those troubles turn out to be the least of his worries when he manages to correct errors in an ancient corrupted spell, which promptly prophesies murder. This is the first book in a new Anglo-Saxon historical fantasy series. Dave Duncan is a Canadian author who has published more than 50 books and has been inducted into the Canadian Science Fiction and Fantasy Hall of Fame. He lives in Victoria, British Columbia,

**Last Flag Flying – Darryl Ponicsán – Skyhorse Publishing – ISBN 9781510727748 – Hardcover – \$38.99 – 224 pages – 8.25 x 5.5 – Print run 40,000 – Fiction/General – September**

*Last Flag Flying*, set thirty-four years after the events of *The Last Detail*, brings together the same beloved characters Billy Bad-Ass Buddusky, Mule Mulhall, and Meadows to reprise the same journey but under very different circumstances. Now middle-aged, Meadows seeks out his former captors in their civilian lives to help him bury his son, a Marine killed in Iraq, in Arlington National Cemetery. When he learns that the authorities have told him a lie about the circumstances of his son's death, he decides, with the help of the two others, to transport him home to Portsmouth. And so begins the journey, centered around a solemn mission but, as in the first book, a protest against injustice and celebration of life too, at once irreverent, funny, profane, and deeply moving. The movie of the same name is currently in production and will star Steve Carrell, Bryan Cranston, and Laurence Fishburne.